

Recommended Supplements



www.TopLevelFit.com

Multi-vitamin For Women



- ➔ Nutrient-rich concentrates of **25 whole vegetables, greens and fruits**
- ➔ Specifically formulated for women
- ➔ Promotes maximum fat burning potential through optimal nutritional foundation
- ➔ Support **hormone balance**
- ➔ Increase energy levels
- ➔ Boost mood and supports a healthy outlook
- ➔ Protect bladder and kidney health
- ➔ Improve **sleep quality** and reduce stress
- ➔ Makes **nails stronger** and hair shinier
- ➔ Does **NOT** upset stomach like conventional synthetic vitamins

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Multi-vitamin For Men



- ➔ Nutrient-rich concentrates of **25 whole vegetables, greens and fruits**
- ➔ Specifically formulated for men
- ➔ Promotes **maximum fat burning** potential through optimal nutritional foundation
- ➔ Safeguard prostate and urinary health
- ➔ Protect the heart and circulatory system
- ➔ Boost digestive system function
- ➔ Does **NOT** upset stomach like conventional synthetic vitamins

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Krill Oil

(47 times better than regular Fish Oil)



- ➔ **Good Cholesterol rose 10 times more than with regular fish oil.** (HDL 44% vs. 4.2%)
- ➔ **Bad Cholesterol dropped 16 times more than with regular fish oil.** (LDL 32% vs. 2%)
- ➔ **PAIN reduced 3 times more in only seven days than with regular fish oil** (-30 vs. -10; study at Western Ontario and McMaster University WOMAC scores)
- ➔ Here are more proven clinical study results ...
- ➔ **FASTER and EASIER WEIGHT LOSS** by improved glucose metabolism and stabilization of blood sugar levels
- ➔ **BETTER HEART HEALTH** by reducing inflammation
- ➔ **Prevention of blood clots and high blood pressure** that lead to heart attack and stroke
- ➔ **Reduced risk of death from heart problems.** “It reduces the risk of forming a blood clot – a major factor in heart attacks” write authors Dr. Frank Ryan and Dr Reg Saynor, who turned 80 earlier this year, looking barely a day over 50 – a fact he credits to this SuperFood supplement!
- ➔ **Decreased joint pain**
- ➔ **Improves mood and provides relief of PMS symptoms for**

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Green Drink

If you're serious about giving your body the support it needs to...

- Help Keep your blood sugar level healthy so that you avoid the look and feel of premature aging and more.
- Promote good digestive health so that you're better able to absorb the nutrients you need to stay strong and healthy.
- Minimize free radical activity to help you avoid pain and disease.
- Support your immune system so that you can defend yourself from harmful bacteria and toxins.



**Order online today OR Call us at:
1-888-9GETPRO (1-888-943-8776)**

Free Shipping for a limited time ONLY!

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Pre and Post Workout Protein Drink



- ➔ Research based carb/protein ratio for optimizing workouts
- ➔ Delicious easy-to-mix formula – **ready to drink** in less than 60 seconds
- ➔ Rapid absorption designed for **maximum muscle recovery**
- ➔ **Accelerates lean tissue growth** which raises metabolism
- ➔ **Contains over 3 grams of BCAA's.**
- ➔ Low Temperature Microfiltered and Cross Flow Micro-Filtration Whey Protein Isolates for unparalleled purity
- ➔ Powered with **pharmaceutical quality whey protein**
- ➔ Prograde Workout is **Gluten Free**
- ➔ Non-GMO and Growth Hormone Free

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Protein Powder



- ➔ Low Temperature Microfiltered and Cross Flow Micro-Filtration Whey Protein Isolates for unparalleled purity
- ➔ Naturally Sweetened with Stevia
- ➔ Mixes Instantly with a Spoon
- ➔ Available in three delicious flavors: Vanilla, Chocolate and Orange
- ➔ Only 2g of carbohydrate per serving – Perfect for Carb Restricted Diets
- ➔ 1 Serving Contains 5.3 grams of muscle boosting Branched Chain Amino Acids
- ➔ Prograde Protein is **Gluten Free**
- ➔ Non-GMO and Growth Hormone Free

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RECOMMENDED SUPPLEMENTS

BCAA



- ➔ Prevent devastating lean muscle tissue breakdown
- ➔ Improve nitrogen retention so that your body stays in an anabolic state for lean muscle development.
- ➔ Promote the growth of metabolically active tissue*
- ➔ Reduce muscle soreness and fatigue
- ➔ Improve the effectiveness of your training sessions
- ➔ Increase athletic endurance and power

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